



CELEBRATING LIFE SAVERS



A LIMITLESS LEGACY

Sitaram Jaipuria Foundation (SJF)

Scientific Symposium and Awards Program

Theme: Obesity, Diabetes, and Other Cardiometabolic Diseases

Saturday, 14 March 2026 | Hotel Taj Mansingh, New Delhi

AGENDA

TIME	SESSION
10:00 – 10:30	Registration
10:30 – 11:00	Inaugural Function
THEMATIC AREA: OBESITY	
11:00 – 11:30	Keynote Address 1 Speaker: Prof. Arya Sharma Title: Obesity's Watershed Moment Chair: Dr Rakesh Sahay Co-Chair: Dr Sanjay Kalra
PANEL DISCUSSION 1 Session Title: Is Adipocentricity the new paradigm in cardio-metabolic disease management?	
11:30 – 12:15	Moderator: Prof. (Dr) Narendra Kumar Arora Panellists: Prof. Arya Sharma, Dr Ambrish Mithal, Dr Anoop Misra, Dr Bharati Kulkarni and Dr Rebecca Kuriyan Raj
THEMATIC AREA: DIABETES MELLITUS	
12:15 – 12:45	Keynote Address 2 Speaker: Prof. Kamlesh Khunti Title: Disproportionate Burden: Understanding Diabetes in South Asian Populations Chair: Dr Anuj Maheshwari Co-Chair: Prof. S V Madhu
PANEL DISCUSSION 2 Session Title: Have we found the holy grail for diabetes epidemic in India?	

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12:45 – 13:30	<p>Moderator: Prof. (Dr) Nikhil Tandon</p> <p>Panellists: Prof. Kamlesh Khunti, Dr V Mohan, Dr Gagan Priya, Dr Parjeet Kaur, Dr Satinath Mukhopadhyay and Dr Shweta Khandelwal</p>
13:30 – 14:30	Lunch
THEMATIC AREA: MASLD	
14:30 – 15:00	<p>Keynote Address 3 Speaker: Prof. Arun J Sanyal</p> <p>Title: The Central Role of the Liver as a Determinant of Metabolic Health</p> <p>Chair: Dr Yogesh Kumar Chawla</p> <p>Co-Chair: Prof. Anupam Sibal</p>
PANEL DISCUSSION 3	
Session Title: Is Liver Seminal in the Pathophysiology of Cardiometabolic Conditions?	
15:00 – 15:45	<p>Moderator: Prof. (Dr) Shiv Kumar Sarin</p> <p>Panellists: Prof. Arun J Sanyal, Dr Akash Shukla, Dr Manoj Kumar Sharma, Dr Mohit Bhandari and Dr Shalimar</p>
CELEBRATING EXCELLENCE: FEATURING PREVIOUS EDITION AWARDEES	
15:45 – 16:30	<p>Speakers:</p> <p>Prof. (Dr) Raman Krishna Kumar, Dr Ashish Satav, Prof. (Dr) Jeyaraj Durai Pandian and Prof. (Dr) Pratibha Singhi</p>
THEMATIC AREA: CARDIOVASCULAR DISEASE	
16:30 – 17:00	<p>Keynote Address 4 Speaker: Prof. Jagat Narula</p> <p>Title: On Creating the World Where Coronary Disease is Rare...</p> <p>Chair: Dr Dhiman Kahali</p> <p>Co-Chair: Dr Jayagopal P B</p>
PANEL DISCUSSION 4	
Session Title: The Nexus of Heart, Kidney and Pancreas	
17:00 – 17:45	<p>Moderator: Prof. (Dr) Dorairaj Prabhakaran</p> <p>Panellists: Prof. Jagat Narula, Dr Ambuj Roy, Dr Beena Bansal, Dr S R Aravind and Dr Vivekanand Jha</p>
17:45 – 18:30	<p>Tea Break</p> <p><i>Preparation for Awards Ceremony</i></p>
18:30 – 18:32	Welcome Address
18:32 – 18:40	Address by Ms. Sonali Bendre
18:40 – 18:45	Address by Mr. Ashok Jaipuria
18:45 – 19:30	AWARDS CEREMONY
19:30 onwards	Cocktails and Networking Dinner